

### JOSLYN CENTER NEWSLETTER FEBUARY 2025

DANCERCISE TOPS THEIR RECORD:

A BIG shout out to Dancercise! Mary Anne Grau and her fit and enthusiastic dancercisers have broken all records and made the largest single club donation to the center of all time! At year end, the club presented \$5000 in donations to Joslyn Center, even holding a raffle in December to reach the \$5000 mark. Back in 2023, the Dancercise contribution represented 25% of all donations, but this year's effort will exceed that! Congratulations and appreciation for all your efforts!!

STRONG START FOR JOSLYN'S NEW CLUB: TAI CHI

This month JRC welcomes a new Club, Tai Chi. Already one of our largest groups, the new Tai Chi group is learning and mastering the ancient art of TAI CHI. Representing healthful and mindful exercise and not a religion or philosophy, the group meets for low impact practice. Led by an experienced teacher, Barry Blackburn, novice to experienced members can work at their own level. The only obligation is Joslyn membership, there are no extra charges. Check for times in the Calendar at joslynrec.org, and act soon before the group is full.

DUES: Joslyn dues are due in January, so if that slipped by in the bustle of the New Year, now is a good time to catch up. Dues are \$60 per person per year, payable in the office (M-Thurs 10 to 2), or by dropping a check in the mail slot on the street side of the office. Also Mail at 950 Main St Cambria 93428 or through paypal on the web site: Joslynrec.org.

NEW SIGNAGE: In case you haven't already noticed, we have newly refurbished and painted signs in front, better lighting, and club banners! We have banners for all the clubs, but there aren't enough light poles so we will rotate signs from time to time to give exposure to all the clubs. If you don't see it now, your club will be there soon. Here's a view of the sign painter hard at work on our newly refurbished Joslyn Center main sign!



## **CLUB NOTES:**

INVESTMENT CLUB: The goal of investment club is to beat the averages, and in 2024 the club did just that outperforming the S&P 500! The club is limited to 20 members who jointly manage a club portfolio (buy-in required) and share in the profits or losses. It's a lot of fun and educational. Contact Mark Berry for details at 310.418.6086. There is one opening now.



### ENJOY THE DANCE CLUB'S LOVE BOAT PARTY & POTLUCK

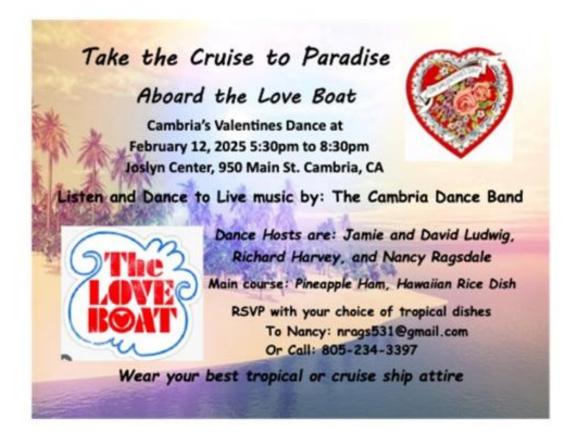
#### By Pat Burbank

Join the Cambria Dance & Social Club for our February 12<sup>th</sup> dance, party & potluck. Our hosts will have us cruising to paradise aboard the "Love Boat" for Valentines.

We'll be at the Joslyn from 5:30 to 8-ish. As is our custom, everyone is welcome -- singles as well as couples -- and dance skills are not required. We'll have live music, a great potluck and a congenial group.

Dress is casual, but if you want to get into the swing (pun intended) of the theme, wear tropical or cruise ship attire.

Details and RSVP info are on the attachment.



POKER CLUB: Join us for dealer's choice poker every Thursday evening at 6:15p in the conference room. There is a \$5 or \$25 table buy-in. Our February tournament will be on Saturday February 8 at 6:15p in the Main Hall for seat assignment. The game this month is Texas Hold'em, with a \$20 buy-in and \$20 re-buy for a limited time. Join us for fun and affordable poker here in Cambria. Contact Manya at 805.927.5000.

SPIRIT DRUM AND DANCE CLUB: No experience is necessary to enjoy an evening of full moon drumming and dance! Bring your own rhythm maker or borrow one of ours. Bring your own refreshments too, and a donation to the Joslyn Center. This month our full moon drumming will be February 10 at 6:30p in the Main Hall. No signups, just come and enjoy the evening!

LAWN BOWLS: Lawn Bowls Club is working on new signs so expect to see terrific new messages in the bowls area! Also, a new storage shed has been installed as well as new fencing and decking to complement the Mary Buongiorno patio on the highway side of the green. Bowls every MWFSat at 9:00am. In addition, the club is getting ready for the spring Tournament season! Free loaner bowls and expert instruction for interested members. Contact Jackie Hogan 805.927.0007



### Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other. For us the dance floor is a playground, a teacher, a healer. There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every Inner Rhythm dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness. We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria \$5.00 admission • Vist us on Facebook

# DANCE AND SOCIAL CLUB IS February's cleanup club

A good start at the Joslyn Center for 2025! The Joslyn Center welcomes a new treasurer, Bruce Nii, recently retired from Berkshire Hathaway and starting on the JRC Board in February. He's married to fellow member Deanna Straugh, and we'll introduce him in March's newsletter.

Dave Stiles, 2025 Joslyn Board President